

# Vegan soft gels







#### **Animal-free health benefits**

Our vegan soft gels product contain either a total 280 mg or 500mg of EPA & DHA in a 1:3 ratio. Providing your body the health benefits of long chain Omega 3 fatty acids, without the use of fish oil.

## Looking for a diferent size soft gel? or with additional ingredients? get in touch!

Docosahexanoic acid (DHA) and Eicosapentanoic acid (EPA) are two important omega 3 fatty acids often found in fish and highly researched for its health benefits. The awareness of how these long chain fatty acids get into fish is growing rapidly across the globe. Marine algae are the true source of EPA & DHA and these form the basis of the entire omega 3 (sea)food chain. All the way to our plates!

If you are looking for the health benefits of long chain omega-3, why not go for the algae directly and leave the fish alone?

Our vegan Soft gels provide an easy and effective way of delivering your customers with the amount of Omega 3's as suggested by EFSA. This will allow you to make the official health claims associated with long chain Omega 3's on **brain**, **vision** and **heart health**.

Currently 5 EU health claims are allowed. Claims are for adults as well as infants.

Original scienfitic papers and health claim wordings are available freely upon request



Omega3to1® is currently available in vegan soft gels. The product is fully natural, Free from allergens and chemicals.

Guaranteed safety, quality and consistency by your trusted supplier Lus Health ingredients. Find out more at lusingredients.com or email us info@lusingredients.com

Omega3to1® is a registered brand of Lus Health ingredients b.v., The Netherlands

Providing omega 3
BENEFITS WITHOUT
FISH



### Brain Health

DHA is a building block of brain nerve tissue.

What calcium is for your bones, DHA is for your brain.

EPA does not have a structural role but may have beneficial effects on Depression.



#### ANTI INFLAMMATION

EPA can be converted to biochemically active eicosanoids that help reduce inflammation.



### PLANT BASED BENEFITS

Roughly 10-12 million tonnes of fish is landed yearly. Direct consumption & aquaculture dominate the use. Let's be on our way to avoid the use of fish!



#### OMEGA 3 INDEX

The Omega 3 index shows a high correlation to incidence of heart disease. The higher the index, the less change you have on a cardiac event.

